



Blue Hen proudly features organic chicken, tofu, dairy, coffee, and selected produce.

## drinks

<b>LIME TONIC</b> soda chanh <i>fresh squeezed organic limes, sparkling water &amp; simple syrup</i>	<b>\$3.25</b>
<b>ORANGE TONIC</b> soda cam <i>fresh squeezed organic oranges, sparkling water &amp; simple syrup</i>	<b>\$3.25</b>
<b>ORGANIC COFFEE WITH CONDENSED MILK</b> cà phê sữa đá (hoặc nóng) <i>served Vietnamese-style in individual filters with condensed milk (hot or iced)</i>	<b>\$3.50</b>
<b>JASMINE GREEN TEA</b> trà đá (hoặc nóng)	<b>\$2.00</b>
<b>SODA POP</b> <i>regular/diet pepsi, sprite</i>	<b>\$1.75</b>

## appetizers

<b>FRESH SPRING ROLLS</b> (V) (GF) gỏi cuốn (gà hoặc đậu hũ) <i>vietnamese spring rolls stuffed with organic chicken or tofu served with a peanut or soy butter sauce</i>	<b>\$7.00</b>
<b>IMPERIAL ROLLS</b> (V) (GF) chả giò (gà hoặc đậu hũ) <i>crispy vietnamese rolls stuffed with organic chicken or tofu served with a fish sauce or soy sauce dip</i>	<b>\$7.00</b>
<b>HAND CUT TURMERIC FRIES</b> (V) (GF) khoai chiên <i>crispy organic russets mixed with japanese sweet potatoes, served with a fish sauce dip</i>	<b>\$4.75</b>
<b>BLUE HEN SALAD</b> (V) (GF) gỏi gà <i>organic chicken or tofu, cabbage, carrots, peanuts, and herbs in a shallot-garlic dressing (fish sauce or soy)</i>	<b>\$7.75</b>

## sides

<b>LITTLE PHO</b> / phở gà	<b>\$5.75</b>
<b>MARKET GREENS</b> / rau xào	<b>\$4.50</b>
<b>MAMA LUU'S TOFU</b> / đậu hũ mỡ hành	<b>\$4.50</b>
<b>JASMINE RICE/ BROWN RICE</b> / cơm	<b>\$1.25/ \$1.75</b>

## homemade organic desserts

<b>CLASSIC CARAMEL FLAN</b> (GF) <i>made with organic eggs and milk</i>	<b>\$4.75</b>
<b>GINGER RICE PUDDING</b> / chè (V) <i>served with homemade ginger candy</i>	<b>\$4.75</b>
<b>BANANA BREAD PUDDING</b> / bánh chuối (V) <i>made with organic bananas and drizzled with caramel sauce</i>	<b>\$4.75</b>

## entrees

<b>VIETNAMESE NOODLE SOUP</b> (V) (GF) phở <i>Aromatic broth served with rice noodles topped with cilantro and onions. Garnished with bean sprouts, lime, jalapeno peppers, basil, and vinegar onions. Soup options include: organic chicken or tofu with chicken stock organic tofu with vegetarian stock niman ranch grass fed tri tip beef with beef stock: add \$1.50</i>	<b>\$9.50</b>
<b>VIETNAMESE CREPE</b> (V) (GF) banh xeo <i>Sautéed organic chicken, tofu, or shrimp with onions and bean sprouts, in a savory coconut milk, rice flour and mung bean mixture. Served on a bed of lettuce with pickled daikon and carrots with a garlic fish sauce dressing. (Vegetarian soy vinaigrette on request) (Shrimp, add \$1)</i>	<b>\$10.00</b>
<b>CARAMELIZED GINGER CHICKEN AND TOFU</b> (GF) cơm gà kho gừng <i>braised organic chicken and tofu served with rice and side of market greens</i>	<b>\$9.50</b>
<b>MAMA LUU'S TOFU</b> (V) (GF) cơm đậu hũ mỡ hành <i>crispy organic tofu dressed with scallions and served with rice and side of market greens (vegetarian scallion dressing on request)</i>	<b>\$9.50</b>
<b>HOME-STYLE CURRY</b> (V) (GF) cà ri gà hoặc đậu hũ <i>vietnamese-style curry with organic chicken or tofu, potatoes, and carrots, served with rice and market greens (vegetarian curry on request)</i>	<b>\$9.50</b>
<b>BLUE HEN SANDWICH</b> bánh mì gà nướng <i>organic chicken on french baguette with fresh herbs and homemade cilantro mayo, served with turmeric fries or blue hen salad</i>	<b>\$8.50</b>
<b>RICE NOODLE SALAD</b> (V) (GF) bún chả giò (gà hoặc đậu hũ)/ gà nướng <i>served with imperial rolls (organic chicken or tofu) or oven-roasted lemongrass chicken, salad greens, peanuts and fish or soy sauce</i>	<b>\$9.00</b>
<b>GRANDPA'S PORRIDGE</b> (GF) cháo gà <i>organic chicken, brown rice, napa cabbage and vietnamese hot mint (served only on weekends)</i>	<b>\$8.50</b>
<b>BABY HEN (KIDS UNDER 5)</b> (V) (GF) phở gà/chả giò <i>vietnamese noodle soup with fries or imperial roll</i>	<b>\$5.50</b>

*prices are subject to change without notice.  
add .75 for brown rice, 20% gratuity for parties of 6 or more.*

(V) VEGAN OPTION (GF) GLUTEN FREE OPTION  
*please ask your server for specific GF and V choices*

# EAT DRINK ORGANIC

Blue Hen supports local farms and sustainable farming principles. We buy from local farms and organic suppliers whenever possible. When you eat at the Hen, you support good healthy local food. We make all our food from scratch and use no MSG in our cooking.